



SWIMMING, SAILING & PARA AUSTRALIA SQUADS S&C

Holidays T1 – 3-20 Apr T2 – 27 June – 12 July & T3- 19 Sept – 4 Oct

PROGRAM GUIDE 2026

Session Dates:

TERM 1:		TERM 3:	
1	24/02/2026	1	14/07/2026
2	3/03/2026	2	21/07/2026
3	10/03/2026	3	28/07/2026
4	17/03/2026	4	4/08/2026
5	24/03/2026	5	11/08/2026
6	31/03/2026	6	18/08/2026
7	No Session	7	Academy Testing Week
8	No Session	8	25/08/2026
		9	
TERM 2:			
1	21/04/2026		
2	28/04/2026		
3	5/05/2026		
4	12/05/2026		
5	19/05/2026		
6	26/05/2026		
7	2/06/2026		
8	9/06/2026		
9	16/06/2026		
10	23/06/2026		
Holidays begin 27 June -12 July			

Session Details:

Day: Tuesday

Time: 4:30 – 5:30pm

Number of Sessions: 22 (+ 2 testing sessions – Term 1 Testing Session TBC)

Venue: Corio Bay Health (103 Corio Street Geelong)

Coaches: Justin Edwards – justin@coriobayhealth.com.au

Leonie Klemen klemleonie03@gmail.com

Additional Information:

- Athletes must notify the Programs Coordinator / or S&C Provider if they are unable to attend your S&C session

- The BSA membership covers your allocated number of S&C sessions, coaching fees and venue hire.